

10 x 650 m Adventsstaffel am 15.12.2018

Platz	Vorname Name	Jg.	1. Runde	2. Runde	3. Runde	4. Runde	5. Runde	Gesamtzeit	Teamzeit
1.	Christian Bruns	80	02:17	02:22	02:23	02:22	02:22	11:46	22:53
	Thomas Klingenberg	71	02:05	02:15	02:16	02:14	02:17	11:07	
2.	Philipp Hoell	85	02:12	02:13	02:17	02:18	02:19	11:19	23:16
	Marcus Kröpelin	87	02:14	02:24	02:26	02:29	02:24	11:57	
3.	Melanie Graf	80	02:21	02:31	02:28	02:25	02:24	12:09	23:23
	Sven Vanderschot	75	02:11	02:16	02:17	02:15	02:15	11:14	
4.	Max Junge	04	02:21	02:31	02:32	02:39	02:39	12:42	23:52
	Salmaan Ibrahim Salad	00	01:58	02:07	02:23	02:21	02:21	11:10	
5.	Olaf Gärtner	76	02:24	02:33	02:35	02:34	02:35	12:41	25:06
	Dag Lehmann	85	02:21	02:26	02:32	02:32	02:34	12:25	
6.	Michael Klemm	68	02:34	02:39	02:49	02:49	02:42	13:33	25:08
	Matthias Körn	76	02:10	02:29	02:22	02:20	02:14	11:35	
7.	Manuela Schulz	70	02:22	02:29	02:31	02:30	02:30	12:22	25:40
	Tanja Schröder	70	02:31	02:40	02:41	02:43	02:43	13:18	
8.	Hauke Theiler	65	02:18	02:24	02:29	02:27	02:27	12:05	26:46
	Jems Zählcke	64	02:50	02:55	02:57	03:00	02:59	14:41	
9.	Burkhard Omland	57	02:15	02:25	02:27	02:26	02:25	11:58	26:57
	Ulla Paga	52	02:57	03:02	03:01	03:00	02:59	14:59	
10.	Kathrin Hillers	83	03:05	03:31	03:33	03:30	03:19	16:58	29:44
	Mario Falk	75	02:22	02:32	02:30	02:40	02:42	12:46	
11.	Rhea Junge	07	03:12	03:27	03:18	03:35	03:33	17:05	31:26
	Friderike Runde	07	02:44	02:49	03:09	02:55	02:44	14:21	
12.	Sandra Junge	72	03:12	03:26	03:35	03:42	03:42	17:37	31:50
	Melanie Otte	72	02:51	02:52	02:49	02:53	02:48	14:13	
13.	Detlef Kasig	63	03:23	03:38	03:43	03:42	03:42	18:08	32:11
	Thomas Ahrens	71	02:39	02:51	02:51	02:51	02:51	14:03	
14.	Stefanie Perschel	86	03:38	03:58	03:55	04:00	04:00	19:31	32:25
	Sascha Sauer	79	02:37	02:36	02:34	02:35	02:32	12:54	

3er-Teams

Platz	Vorname Name	Jg.	1. Runde	2. Runde	3. Runde	4. Runde	Gesamtzeit	Teamzeit
1.	Carina Ceronio	07	02:38	02:48	02:54	03:00	11:20	28:49
	C.R.	09	02:40	02:42	02:53		08:15	
	Feenja Hütter	09	02:53	03:09	03:12		09:14	
2.	Leeni Hellmers	07	02:50	02:58	03:03	2:59	11:50	29:19
	Malin Olbrich	08	02:44	02:50	02:43		08:17	
	Melina Matfeldt	08	02:55	03:04	03:13		09:12	

4er-Teams

Platz	Vorname Name	Jg	1. Runde	2. Runde	3. Runde	Gesamtzeit	Teamzeit
1.	Leo Fröhlich	09	02:28	02:35	02:35	07:38	
	Georgios Theocharis	09	02:46	03:01	03:03	08:50	
	Lions Ahlfs	09	03:09	03:35		06:44	
	Alexander König	10	03:18	03:21		06:39	29:51
2.	Katrin Keraudren	79	02:45	02:55	02:58	08:38	
	Björn Keraudren	09	02:54	03:07	03:02	09:03	
	Leif Keraudren	09	02:58	02:54		05:51	
	Kai Keraudren	11	03:20	03:24		06:44	30:16
3.	Paul Lisson	11	03:00	03:02	03:00	09:02	
	Laura Ahlers	11	03:06	03:19	03:23	09:48	
	Emma Lehmann	12	03:22	03:00		06:22	
	Meline de Jonge	09	02:51	03:04		05:55	31:07

5er-Teams

Platz	Vorname Name	Jg	1. Runde	2. Runde	Gesamtzeit	Teamzeit
1.	Vanessa Ahlers	11	02:54	02:53	05:47	
	A.R.	12	04:12	04:25	08:37	
	Leon Erdmann	13	04:01	04:13	08:14	
	Leon König	13	04:09	04:54	09:03	
	Janna-Ina-Coopmeiners	09	03:39	05:27	09:06	40:47

Einzelwertung

1.	Thomas Klingenberg	11:07	Min.
2.	Salmaan Ibrahim Salad	11:10	"
3.	Sven Vanderschoot	11:14	"
4.	Philipp Hoell	11:19	"
5.	Matthias Körn	11:35	"
6.	Christian Bruns	11:46	"
7.	Marcus Kröpelin	11:57	"
8.	Burkard Omland	11:58	"
9.	Hauke Theiler	12:05	"
10.	Melanie Graf	12:09	"
11.	Manuela Schulz	12:22	"
12.	Dag Lehmann	12:25	"
13.	Olaf Gärtner	12:41	"
14.	Max Junge	12:42	"
15.	Mario Falk	12:46	"
16.	Sascha Sauer	12:54	"
17.	Tanja Schröder	13:18	"
18.	Michael Klemm	13:33	"
19.	Thomas Ahrens	14:03	"
20.	Melanie Otte	14:13	"
21.	Friederieke Runde	14:21	"
22.	Jens Zählke	14:41	"

23. Ulla Paga	14:59	"
24. Kathrin Hillers	16:58	"
25. Rhea Junge	17:05	"
26. Sandra Junge	17:37	"
27. Detlef Kasig	18:08	"
28. Stefanie Perschel	19:31	"