

## 10 x 650 m Adventsstaffel am 17.12.2016

Platz	Vorname Name	Jg.	1. Runde	2. Runde	3. Runde	4. Runde	5. Runde	Gesamtzeit	Teamzeit
1.	Matthias Körn	76	02:11	02:31	02:31	02:27	02:32	12:12	
	Robin Helling	01	01:51	02:04	02:10	02:14	02:06	10:25	<b>22:37</b>
2.	Thomas Klingenberg	71	02:10	02:13	02:16	02:19	02:16	11:14	
	Felix Becker	99	02:20	02:21	02:18	02:17	02:15	11:31	<b>22:45</b>
3.	Andreas Fieger	64	02:30	02:31	02:34	02:36	02:35	12:46	
	Pascal Pflüger *	97	02:15	02:18	02:14	02:30	02:19	11:36	<b>24:22</b>
4.	Manuela Schulz	70	02:19	02:22	02:24	02:26	02:30	12:01	
	Tanja Schröder	70	02:28	02:30	02:32	02:37	02:35	12:42	<b>24:43</b>
5.	Matthias Dietrich	65	02:21	02:29	02:31	02:29	02:32	12:22	
	Dominik Schmidt	76	02:22	02:28	02:43	02:41	02:43	12:57	<b>25:19</b>
6.	Manuel Hellmers	00	02:10	02:23	02:32	02:43	03:03	12:51	
	Joey Unrein	01	02:22	02:36	02:33	02:51	02:33	12:55	<b>25:46</b>
7.	Thomas Ahrens	71	02:43	02:41	02:46	02:52	02:51	13:53	
	Pascal Pflüger *	97	02:33	02:27	02:21	02:23	02:13	11:57	<b>25:50</b>
8.	Saskia Bischoff	98	02:33	02:35	02:38	02:43	02:40	13:09	
	Eske Riedel	01	02:30	02:35	02:36	02:38	02:32	12:51	<b>26:00</b>
9.	Anja Schmidt	93	02:44	02:46	02:50	02:49	02:48	13:57	
	Mario Falk	75	02:12	02:27	02:31	02:37	02:30	12:17	<b>26:14</b>
10.	Ulla Paga	52	02:41	02:47	02:44	02:49	02:48	13:49	
	Horst Schröder	56	02:25	02:31	02:28	02:33	02:30	12:27	<b>26:16</b>
11.	Thomas Schöndube-Schäfer	68	02:38	02:36	02:47	02:51	02:52	13:44	
	Horst Becker	66	02:28	02:35	02:36	02:35	02:32	12:46	<b>26:30</b>
12.	Lena Baller	95	02:42	02:42	02:46	02:45	02:52	13:47	
	Annika Seibt	93	02:23	02:36	02:38	02:40	02:39	12:56	<b>26:43</b>
13.	Moritz Junge	03	02:39	02:45	02:42	02:47	02:48	13:41	
	Rainer Becker	64	02:28	02:35	02:42	02:48	02:45	13:18	<b>26:59</b>
14.	Sarah Becker	02	02:25	02:43	02:44	02:46	02:41	13:19	
	Annika Müller	02	02:40	02:46	02:50	02:54	02:49	13:59	<b>27:18</b>
15.	Melanie Otte	72	02:50	02:52	02:54	02:53	02:55	14:24	
	Sandra Junge	72	03:07	03:18	03:22	03:27	03:25	16:39	<b>31:03</b>
16.	Michael Klemm	68	02:49	02:55	02:55	02:55	02:50	14:24	
	Kathrin Schultz	82	03:19	03:22	03:24	03:32	03:29	17:06	<b>31:30</b>

### 4er-Teams

Platz	Vorname Name	Jg.	1. Runde	2. Runde	3. Runde	Gesamtzeit	Teamzeit
1.	Dariush Bejestani-Moghadam	05	03:13	03:17	03:12	09:42	
	Friederike Runde	08	03:05	03:13	03:08	09:26	
	Georgios Theocharis	09	03:11	03:10		06:21	
	Jolina Cebula	09	03:32	03:34		07:06	<b>32:35</b>

2. Florian Schomberg	08	03:10	03:12	03:18	09:40	
Malin Olbrich	08	03:02	03:04	03:13	09:19	
Alexander König	10	03:58	04:14		08:12	
Selena Kobal	10	03:38	03:42		07:20	<b>34:31</b>

### Einzelwertung

1. Robin Helling	10:25	Min.
2. Thomas Klingenberg	11:14	"
3. Felix Becker	11:31	"
4. Pascal Pflüger *	11:36	"
5. Pascal Pflüger *	11:57	"
6. Manuela Schulz	12:01	"
7. Matthias Körn	12:12	"
8. Mario Falk	12:17	"
9. Matthias Dietrich	12:22	"
10. Horst Schröder	12:27	"
11. Tanja Schröder	12:42	"
12. Andreas Fieger	12:46	"
Horst Becker	12:46	"
14. Eske Riedel	12:51	"
Manuel Hellmers	12:51	"
16. Joey Unrein	12:55	"
17. Annika Seibt	12:56	"
18. Dominik Schmidt	12:57	"
19. Saskia Bischoff	13:09	"
20. Rainer Becker	13:18	"
21. Sarah Becker	13:19	"
22. Moritz Junge	13:41	"
23. Thomas Schöndube-Schäfer	13:44	"
24. Lena Baller	13:47	"
25. Ulla Paga	13:49	"
26. Thomas Ahrens	13:53	"
27. Anja Schmidt	13:57	"
28. Annika Müller	13:59	"
29. Melanie Otte	14:24	"
Michael Klemm	14:24	"
31. Sandra Junge	16:39	"
32. Kathrin Schultze	17:06	"

\* Pascal Pflüger ist in beiden Läufen gestartet.